

Healthy ways to Bevan House

Ashton, Leigh & Wigan
Community Healthcare



Walking, Cycling, Bus and Train information

Healthy travel options...

Bevan House is just off the A49, north of Marus Bridge roundabout. It is easy to get to by bus, train, cycling or on foot.

Including walking and cycling as part of your everyday travel routine will help to keep you healthy. Thirty minutes or more of walking or cycling every day, reduces your risk of coronary heart disease, colon cancer, Type 2 diabetes, osteoporosis and helps to keep you flexible and active as you get older.

And the good news is that you can fit it into your daily routine - 3 brisk ten minute walks are as good as a 30 minute stroll.

Help with your travel

Wigan Ring and Ride

is a door-to-door public transport service for people who find it difficult or impossible to use ordinary buses.

It provides short local trips that must be booked a day in advance.

GMPTC concessionary passes and permits can be used on all Ring and Ride services.

Wigan Ring & Ride

Unit 1, Richard Street,
Ince, Wigan WN3 4JN

General enquiries

01942 492 252

www.ringandride.info

Atherton and Tyldesley

Booking: 01942 829 400

Wigan North and Wigan South

Booking: 01942 829 444

Walking

If you live in Goose Green, Worsley Mesnes or Pemberton, Bevan House is within a 20 minute walk from home.

If you are on a direct rail route to Pemberton, Pemberton Station is about 15 minutes' walk from Bevan House.

If you live near the 600 bus route, the nearest bus stops on Warrington Road are less than five minutes walk from Bevan House.



Directions for travelling by car

From M6 travelling north

- Leave the motorway at Junction 25 (If you are travelling southbound you cannot use this junction)
- Take the first exit off the roundabout (A49 signposted Wigan).
- At the next roundabout take the second exit, straight ahead, (signposted, Town Centre).
- Go straight on at the first set of traffic lights.
- At the second set of traffic lights, turn left onto Smithy Brook Road (towards Pemberton Business Park).
- Take the first exit on the left into Beecham Court.
- Follow the road around to the right. The Trust building is the second building on the right (number 17).

From M6 travelling south

- Leave the motorway at Junction 26.
- Take the second exit off the roundabout.
- At the T-junction with the A577 turn right towards Wigan.

- Turn right into Enfield Street at the lights, turn left at the T-junction with Billinge Road.
- At the lights turn right into Little Lane, go over the rail bridge and then take the first right onto Pemberton Business Park.
- At the mini-roundabout take the first exit and then take the first right into Beecham Court.

From Central Wigan

- Take the A49 (signposted Warrington and Skelmersdale, travelling south).
- At Saddle Junction roundabout (see the map) take the 1st exit onto the A49 (signposted Warrington, St Helens).
- Continue south on the A49 until you reach the traffic lights at the entrance to Pemberton Business Park, turn right into the Business Park.

Car parking

There is limited car parking available at Beecham Court. If you are travelling to Bevan House for a meeting from Wigan or Ashton please use the 600 bus service if you can.

Cycling to Bevan House

There is a cycle route which runs from north to south mostly along the route of the A49 road and through Wigan town centre.

From the north it links Water Heys, Swinley, Whitley, Thorn Hill, Red Rock, Standish, Wigan town centre Newtown, Rose Hill and Worsley Mesnes to Bevan House. And from the south it links Ashton, Bryn, Goose Green, Hawkley, Langate and Marus Bridge to Bevan House.



The Leeds-Liverpool canal towpath provides a traffic-free cycle route from Ince, Top Lock, Poolstock, Plank Lane, Leigh, Martland Mill, Crooke, Gathurst, Standish Lower Ground, and Appley Bridge.

The recommended route from the canal towpath is to leave the canal at Seven Stars Bridge on Wallgate (A49). Follow the A49 cycle route to the controlled crossing point at Pemberton Business Park. Use the controlled crossing to get onto the shared pedestrian/cycle route on the Business Park.

It takes 40 minutes or less to cycle to Bevan House from:

- Ashton
- Billinge
- Bryn
- Newtown
- Orrell
- Pemberton
- Shevington
- Wigan Centre

There is secure cycle parking at Bevan House.

For more about cycling in your area, contact Wigan Council on 01942 404317.

Public transport information

Buses

The 600 bus service calls at bus stops on Warrington Road, close to Pemberton Business Park. These bus stops are less than five minutes' walk from Bevan House.

The 600 service is a frequent service with a bus at least every 10 minutes from Leigh, Ashton, Golborne and Wigan to Bevan House.

Here are some sample 600 bus journey times from local towns to the bus stops nearest to Bevan House:

- From Leigh 50 minutes
- From Golborne 25 minutes
- From Wigan 15 minutes.
- From Ashton 12 minutes.

You can even find out when the next buses are due by texting the following bus stop codes to 84268. GMPTe will text back the times of the next 3 buses from the bus stops nearest to Bevan House.

- For journeys to Wigan
Text: 'Manpwagw' to 84268
- For journeys towards Ashton, Golborne and Leigh
Text: 'Manpwaja' to 84268

The bus stops on Warrington Road, near to the Business Park are:

- Opposite junction with St Pauls Avenue for travel towards Wigan.
- From the bus stop near the junction with St Pauls Avenue for travel towards Ashton, Golborne and Leigh.
- 600 service runs every 10 minutes or better in the daytime.



For help planning your journey:
www.transportdirect.info

Rail

The nearest rail station to Bevan house is Pemberton.

Pemberton station is on Billinge Road. It is about 15 minutes' walk from Bevan House. From the station turn right along Billinge Road, at the traffic lights, turn right into Little Lane. Walk down Little Lane until you come to the new service road onto the Business Park. Turn right up the road into the Business Park.

Pemberton Station is on the Manchester to Kirkby line. The trains on this service are hourly.

Stations on this line include:

Kirkby

Rainford

Upholland

Orrell

Pemberton

Wigan Wallgate

Ince

Hindley

Daisy Hill

Hag Fold

Atherton

Walkden

Moorside

Swinton

Salford Crescent

Salford Central

Manchester Victoria



There are two early morning services from Wigan leaving Wigan Wallgate at 07:46 and arriving at Pemberton at 07:50, and leaving Wigan at 08:51 and arriving at Pemberton at 08:55.

Bikes: You can take your bike on the train for free.

For train times contact:

National Rail Enquiries

08457 48 49 50

www.nationalrail.co.uk

Public transport information:

Bus times:

Traveline on 0871 200 22 23 or www.gmppte.com

Buses in the area are operated by

First Manchester - www.firstgroup.com

South Lancs Travel - www.southlancs.com

Arriva Buses - www.arriva.co.uk

Train times:

National Rail Enquiries on 08457 48 49 50

Northern Rail - www.northernrail.org

or www.nationalrail.co.uk

For help planning your journey: www.transportdirect.info

What's at Bevan House?

The Headquarters for

Ashton, Leigh & Wigan Community Healthcare

17 Beecham Court, Pemberton Business Park,

Smithy Brook Road, Wigan WN3 6PR

Tel: 01942 482630

E-mail: enquiries@alwch.nhs.uk

Website: www.alwch.nhs.uk



NHS Direct: www.nhsdirect.nhs.uk